

Kathryn Harmer Fox –

E: kharmerfox@gmail.com

Class requirements and Cotton-duck canvas for Postcards:

Kathryn will bring more AU related kits but there shall be SA ones as well – Kits are \$50AU each & is included the Registration fee.

(Additional kits are \$55AU each paid directly to Kathryn Harmer Fox)

Each kit contains:

1 x A4 piece canvas

1 X A4 colour image

! x A4 black and white image

1 x A4 postcard template

1x stamp (printed on cotton, various images printed from my own artworks)

2 x pieces of tracing paper

1 x set of instructions

Students will be learning:

Techniques:

Fibre embedment using scribble stitch

Free motion machine embroidery

Ragged cord edging (extra) - not used in the postcard but as I use it a great deal in my own artworks, I always do a demonstration

Spider-webbing (extra) - not used in the postcard but great fun

Processes:

Learning about their own individual styles

What is under-painting

What an outline does

How to choose the "right" snippets of fabric and thread

How to become process rather than product driven

How to critique your own work

Psychological: often the major thrust of many of my workshops: making art is a healing process

How to let go and have fun - learn to play/laugh

What holds them back and how to counteract these tendencies

How to build confidence

How to create boundaries for protection and to further advancement

Requirements for Students to bring:

Postcard students will not use an embroidery ring.

We only need 1 set of Inktense pencils/blocks - very little is used - I shall see if I can squeeze a small set into my luggage without tipping the scales.

- Sewing machine (must be able to disable the feed dogs)
- Extension table (at least big enough to view A4 size canvas)
- Darning or embroidery foot
- An embroidery ring
- Extra bobbins
- All extra sewing paraphernalia like tape measure, pins, extra bobbins, universal foot, etc
- Jeans needles
- Very sharp scissors (I like the intermediate size of about 16cm length) + paper scissors
- An assortment of sewing threads (value and amount relating to chosen project)
- Various scraps of fabric (value and amount relating to chosen project)
- Tulle/netting in various colours and tones is very helpful for all projects
- 1 X blue fibre-tipped pen
- 1 X red fibre-tipped pen
- Alternatively 1 X disappearing pen
- Small set of Inktense coloured pencils/blocks and a couple of cheap bristle brushes
- Ruler (if you like to be precise)
- 2 X 50cm x 40cm pieces of fabric (value relating to image for backing of postcard)

Sew a Postcard / Sew Bowls - Kit Cost of \$50AU is included in the Registration fee

Additional kits may be available for purchase but will be \$55AU & paid directly to Kathryn Harmer Fox