

Ro Bruhn – Unpick, Paint, Create

Requirements:

2 or 3 light coloured, plain and simple patterned, light to medium weight cotton clothing items eg: men's shirts, skirts, thin trousers etc. Nothing stretchy.

Seam ripper (un-picker)

A few smaller fabric scraps for embellishment. These can be any fabric, lace, mesh fruit bags, muslin.

A piece of backing fabric approx. 50cm x 50cm - this can be calico, old sheeting etc.

Iron on fusible webbing eg: Vliesofix

A photo or magazine image of a picture you would like to create or you can copy one of my samples.

Sewing machine - you can stitch by hand but it's slower and slightly more difficult.

Spare sewing machine needles (just in case)

Free motion stitching foot.

A few reels of sewing threads, your colour choices.

Pins

Scissors

Apron and rubber gloves

Clothes pegs

Embroidery threads

Sewing Needles - suitable to stitch through tough fabric

Thimble

An iron if you're able to bring one.

2 or 3 cheap paint brushes 2.5cm and smaller, they can be artist's brushes or brushes from the hardware.

Black marker pen - Sharpie or similar

White pen - Uni-ball Signo or Posca are good

Notebook for taking notes (optional)